

ART BASED MENTAL HEALTH GROUP: CREATIVE GROWTH



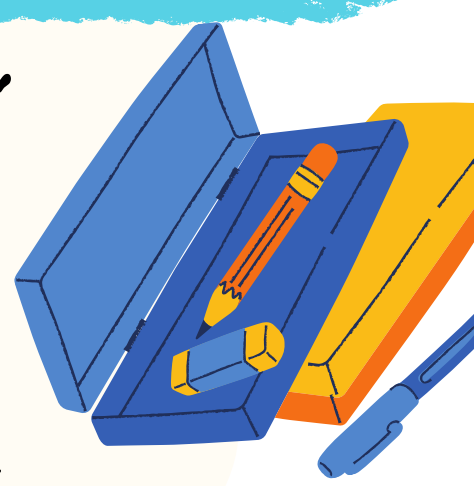
Begins on
September 10th

2ND WEDNESDAY

of every month

5:30-6:30 PM

Teal Street Center,
8711 Teal Street



Free
Drop-in
Peer-led

This group is for adults looking to support their mental health with creative expression in a welcoming group. No art experience needed, all activities are simple.

namijuneau.org/support-groups